**La Tania**

**Categories**

**Good For**

Beginners

Intermediates

Experts

Snowboarders

Families

Environmental awareness

**Data**

**Beginner Runs**

19

**Intermediate Runs**

69

**Advanced Runs**

8

**Total Runs**

96

**Lifts**

55

**Chairs**

18

**Drags**

26

**Gondola Cable Cars**

11

**Parks**

2

**Pipes**

0

**Weather**

**Annual Snowfall**

5.3m (17.4ft).

**Overview**

La Tania is very young in Alpine skiing terms, and was first used to house journalists and ice hockey players attending the 1992 Winter Olympics in Albertville. Despite its youth, it has built a reputation as one of the most intimate, affordable and relaxed resorts in the Trois Vallées (Three Valleys) ski area.

As would generally be expected of a relatively modern development, La Tania ski resort is also an environmentally friendly centre. From the time the resort was conceived, all the ecological and environmental aspects have been integrated into its design. La Tania's local power is supplied by hydro-electric energy, as are the lifts, snowmakers and trail groomers of the Trois Vallées.

The resort's buildings are of a traditional style, integrated into the local architecture of the Savoyard villages. For example, all the buildings are wood covered, in the style of the local La Perrière community which constitutes a grouping of 10 small, traditional Savoyard hamlets below the resort.

**Location**

La Tania is located in the Courchevel Valley, between Méribel and Courchevel in the Trois Vallées. The resort is situated in the French Alpine region of Savoie, in the southeast of the country, and is close to the Italian and Swiss borders.

**Website**

http://www.latania.com

**Piste Map**

http://www.latania.com/pdf/Plan\_Pistes\_3Vallees.pdf

**Hit The Slopes**

With the world's largest ski area on its doorstep, it would be hard to imagine a better location than La Tania's. What’s more, the relatively low number of guest beds usually means that access into this vast domain is queue-free too.

The local skiing is within the Courchevel Valley, which has 150km (93 miles) of pistes; a quarter of the Trois Vallées' total. There are lots of green and easy blue runs directly above La Tania that are ideal for beginners and intermediates.

Experts also have a huge choice, with quick access to the Saulire area and its steep chutes. There's a massive choice of off-piste skiing too, which the local ski school can help skiers to discover.

The wider area does, of course, open up plentiful opportunities, particularly for intermediates with the two neighbouring resorts of Méribel and Courchevel easily accessible by a lifts. Cross-country skiing also links La Tania to Courchevel’s ski area, with a shared 70km (43 miles) of trails available.

Despite its comparable low altitude to its neighbours, the slopes here are generally reliable with snow-making facilities available on the slopes leading down to the resort when cover is sparse. The ski season in La Tania runs from early-December until late April.

**La Tania**

**Resort**

1400

**Base**

1300

**Top**

2738

**Trois Vallées**

**Resort**

XXX

**Base**

1300

**Top**

3230

**General**

**Beyond The Slopes**

Indoor entertainment facilities in La Tania are limited mainly to a small cinema and a swimming pool and gym in the Hôtel Le Montana (tel: 04 7908 8008). The resort organises a lot of events, however, particularly during the French school holidays. These may include torchlit descents, big-air displays, sledge races, concerts, ice sculpture or an introduction to biathlon. Some of the bars also put on live music events, and throughout the season new arrivals can try a free 'green chaud' drink every Sunday at 1700 while discovering what's on that week.

There's also the chance to follow in the tracks of Olympians on the major cross-country ski trail that passes through the village en route from Méribel to Courchevel. This track was the venue for Nordic events at the 1992 Winter Olympics.

**Family Fun**

The intimate and friendly nature of La Tania combined with its pedestrian ethos, affordable dining and good nursery slopes, make it a good choice for families.

The Chez Nounours kindergarten (tel: 04 7908 4040) is a non-ski service welcoming children aged from four months upwards, while the resort can also provide a range of activities to keep older children aged up to 11 entertained while off the slopes.

The resort also holds regular child-friendly events and even puts on a ‘children’s week’ during the Christmas holiday period.

**Retail Therapy**

Shopping in the resort is limited to holiday essentials. There’s a baker, minimarket, newsagent and a delicatessen that stocks regional specialities, including a wide range of local cheeses, wines, sausages and hams. There are also four ski shops in La Tania for the latest gear.

Nearby Courchevel, which is a free shuttle bus ride away, dramatically increases the range of shopping, with one of the world's leading selections of luxury boutiques in a ski resort.

**Splashing Out**

Pamper Off Piste (tel: 06 1760 8902; [www.pamperoffpiste.com](http://www.pamperoffpiste.com)) operates a mobile massage and beauty service that can visit customers in their chalets or hotels. Among the treatments available is the three-hour Beautiful Beginnings package that includes a manicure and pedicure.

**Apres Ski**

As with most French purpose-built resorts, the choice of après-ski in La Tania is rather limited, and the liveliness of the resort generally depends on who's in town. Of the handful of bars, Le Chrome Bar (tel: 04 7907 2583) and Pub Le Ski Lodge (tel: 04 7908 8149; [www.publeskilodge.com](http://www.publeskilodge.com)) often have live music and big screens, whilst La Taïga (tel: 04 7908 8033; [www.easytaiga.com](http://www.easytaiga.com)) is a cocktail lounge.

The tourist office organises activities throughout the week. For a wider choice of après-ski activities and bars, take the shuttle bus to Courchevel or Méribel.

**Eating Out**

There is a fairly good range of places to eat in La Tania, but a much wider choice is available in nearby Courchevel or Méribel. Among the restaurants in La Tania, The Telemark (41 Route du Plan du Saz; tel: 04 5032 7121) and Les Chanterelles (Immeuble Le Christiana; tel: 04 7908 2325) both offer Savoyard specialities – the latter is famous for its buckwheat crêpes oozing with delicious fillings. While Les Marmottons (Immeuble Les Folyères; tel: 04 7908 8163) is best for pizza.

Try inventive dishes carefully prepared by chef Julien Machet at Le Farçon (tel: 04 7908 8034; [www.lefarcon.fr](http://www.lefarcon.fr)), which has the highest calibre cuisine in the resort and has been awarded for its quality with a one Michelin-star rating since 2006.

**Transport**

**Getting There**

Nearest airports: Chambéry Airport (CMF); Geneva International Airport (GVA); Turin Airport (TRN).

Distance to resort: 105km (65 miles); 140km (87 miles); 245km (152 miles).

Driving time: 1 hour 30 minutes; 2 hours 30 minutes; 3 hours.

Nearest railway station: Moûtiers.

Distance to resort: 20km (13 miles).

Driving time: 20 minutes.

**Getting Around**

As a car-free ski centre, most of La Tania's facilities are within walking distance. A free shuttle bus circulates around the wider areas and to neighbouring Courchevel and Méribel.

**Hotels**

With only 4,000 guest beds available, accommodation in La Tania is somewhat limited for a ski resort; though it does have the reputation as being one of the most intimate and cosy resorts in the Trois Vallées (Three Valleys). Accommodation is mostly in catered chalets and apartments built in the traditional style, with only a couple of mid-level hotels in La Tania itself.

**Résidence Le Christiania**

A modern Pierre & Vacances-run apartment complex, Résidence Le Christiana is perfectly located in the resort centre, with direct access to the slopes.

**Category**

Moderate

**Thoroughfare**

XXX

**Neighborhood**

XXX

**Locality**

Courchevel 73125

**Sub Admin Area**

XXX

**Admin Area**

XXX

**Postcode**

XXX

**Country**

France

**Telephone**

0870 0267 145 (in the UK).

**Website**

http://www.pv-holidays.com

**Chalet Bonne Etoile / Petit Coeur**

These cosy chalets in the resort centre offer low-cost catered and self-catered accommodation with plenty of local charm.

**Category**

Cheap

**Thoroughfare**

XXX

**Neighborhood**

XXX

**Locality**

Courchevel 73120

**Sub Admin Area**

XXX

**Admin Area**

XXX

**Postcode**

XXX

**Country**

France

**Telephone**

06 4283 2598.

**Website**

http://www.snowretreat.co.uk

**Hôtel Le Montana**

A slopeside 3-star hotel at the base of the slopes, Hôtel Le Montana offers satellite TV, a small pool and a fitness room. Guests here have the added benefit of being able to ski straight to the doorstep.

**Category**

Moderate

**Thoroughfare**

XXX

**Neighborhood**

XXX

**Locality**

Courchevel 73120

**Sub Admin Area**

XXX

**Admin Area**

XXX

**Postcode**

XXX

**Country**

France

**Telephone**

04 7908 8008.

**Website**

http://www.alpineelements.co.uk